

The Solemnity of the Body and Blood of Christ (Corpus Christi Sunday)

***Feast of the Body and Blood of Christ: May We Become What We Receive
A reflection from Brian Wigger, Pastoral Associate***

This weekend we celebrate the Solemnity of the Body and Blood of Christ
(in Latin - Corpus Christi)

The Eucharist is the sacrament that we Catholics believe Jesus enters into an intimate, permanent communion with us. It is the sacrament of the table. It is the sacrament of food and drink. It is the sacrament of daily nurture.

What we do as an assembly at prayer is not only celebrate the Body and Blood of Christ, but we are called to remember that we are the Body and Blood of Christ. In the receiving of the body and blood, we are challenged to realize that we are the living stones making a spiritual house and realize that we are the living Church, the Body and Blood of Christ, whose head is Jesus himself. As Saint Augustine once said:

We are to become what we receive.

At the end of every Mass we are sent out with this great prayer of mission, to go forth and to love and serve the Lord. If we share in the gift of Jesus' Body and Blood, then we are also asked to share this with others when we leave church. We do this, be it volunteering at the Soup Kitchen at St. Francis Seraph, donating diapers to help mothers who are poor, Christmas gifts for children who are in need, donating money to a particular cause, visiting with each other in Foundation Hall, greeting each other before Mass or after Mass, talking with one another in the parking lot, it can easily be seen time and time again how the people of St. Stephen's truly are a Eucharistic People: the Body of Christ. May We Remain What We Receive!