

A Reflection for the Third Sunday in Lent

Joan Chittister, a Benedictine Sister, author and a woman of inspiration shares this Lenten reflection: Lent is a call to weep for what we could have been and are not. Lent is the grace to grieve for what we should have done and have not. Lent is an opportunity to change what we ought to change, but have not.

Lent is not just about penance. Lent is about becoming, doing and changing whatever it is that is blocking the fullness of life in us right now.

What are those things that keep us from living a fully Christian life?